

**CONSCIOUSNESS RESEARCH FOUNDATION**  
**4<sup>TH</sup> INTERNATIONAL CONFERENCE 2010**  
 HOORNEBOEG CONFERENCE CENTRE, HILVERSUM, HOLLAND

**Explorations into the stream of consciousness /**

**Living with the unlimited and the impossible**

**Detailed outline of daily conference activities – Week 1**

Time/Date	Sat 14/8	Sun 15/8	Mon 16/8	Tue 17/8	Wed 18/8	Thu 19/8
<b>7:00 - 8:00</b>	Arrivals of participants  Reception with CRF representatives	Silence Meditation or Yoga (optional)	Silence Meditation or Yoga (optional)	Silence & Meditation (optional)	Silence Meditation or Yoga (optional)	Silence Meditation or Yoga (optional)
<b>8:00 - 9:00</b>		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>9:30 - 10:30</b>		<u>Plenary meeting</u> Mohini Chandnani on <b>Vimala Thakar</b>	<u>Plenary meeting</u> Mohini Chandnani on <b>Vimala Thakar</b> (continued)	Full day outing with optional activities: - boating - sightseeing - visit Utrecht or Amsterdam, -walking in the nearby forests of Lage Vuurse	<u>Plenary meeting</u> Hester Ticheler on <b>Health Measures</b>	Departure of 1 <sup>st</sup> week only attendees (after breakfast).  All other participants remain on scheduled daily program
<b>10:30 - 10:45</b>		Tea/coffee break	Tea/coffee break		Tea/coffee break	
<b>11:00 - 12:30</b>		Vimala Thakar talk (dvd) <b>Growing into Wholeness</b>	Vimala Thakar talk (dvd) <b>Purifying perception</b>		Vimala Thakar talk (dvd) <b>Questions &amp; Answers</b>	
<b>12:45 - 14:45</b>		Break for lunch/rest/ personal time.	Break for lunch/rest/ personal time.		Break for lunch/rest/ personal time.	
<b>14:45 - 15:15</b>		Book and card table (for sale or borrow).	Book and card table (for sale or borrow).		Book and card table (for sale or borrow).	
<b>15:30 - 17:00</b>	<b>Official opening 4<sup>th</sup>CRF conference (first part)</b>	Small group meetings led by facilitator/ moderator duo	Small group meetings led by facilitator/ moderator duo		Small group meetings led by facilitator/ moderator duo	<b>Opening CRF conference. (second part)</b>  <b>Introduction of participants</b>
<b>17:15 - 18:15</b>	<b>Introduction of participants</b>	<u>Plenary Meeting</u> Fred Wilson on <b>Starting from the unknown</b>	<u>Plenary meeting</u> Gerard Kuiken on <b>Bhagavad Gita (chapter two)</b>		<u>Plenary Meeting</u> Javier Gómez Rodríguez <b>In the light of Krishnamurti</b>	
<b>18:30 - 19:45</b>	Evening meal	Evening meal	Evening meal	Evening meal	Evening meal	Evening meal
<b>20:00 - 22:00</b>	<u>Plenary meeting</u> Fred Wilson <b>Introduction into overall topic of the 1<sup>st</sup> week of the conference</b>	30 minutes DVD Krishnamurti on <b>Choiceless awareness</b>	Camp Fire	Presentation by Javier Gómez Rodríguez of <b>Stalker</b> (also called Zona), a film by Andrej Tarkovski	30 minutes DVD Krishnamurti on <b>Change</b>	30 minutes DVD Krishnamurti on <b>Freedom and authority</b>
<b>22:00...</b>	<i>Silent Night</i>	<i>Silent Night</i>	<i>Silent Night</i>	<i>Silent Night</i>	<i>Silent Night</i>	<i>Silent Night</i>