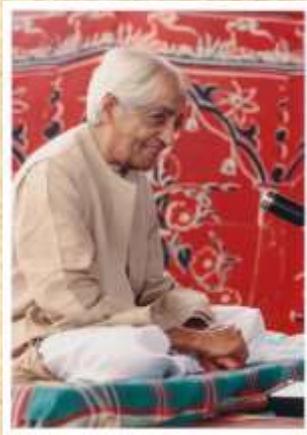


Self-knowledge and the Transformation of Consciousness

International Retreat at The Krishnamurti Study Centre
Rajghat Fort | Varanasi 221 001 | Uttar Pradesh | India

2 – 8 January 2019



"Self-knowledge is awareness of the self without division; and as long as there is no self-knowledge, the multiplication and re-creation of our problems will continue...Only through self-knowledge can there be transformation, and this transformation cannot come into being through any miracle, through book learning, but only through constant experimentation, through constant discovery of the process of one's being."

- J. Krishnamurti, Talk 11, Bombay, 28 March 1948

The Krishnamurti Study and Retreat Centre, Varanasi is happy to announce its second full week residential International Retreat from 2 – 8 January, 2019. The intention of this retreat is to create an ambiance that would enable the participants to enter into a spirit of serious inquiry. The talks, study material, group dialogues, video-screenings of Krishnamurti's talks, will all be intended to unfold and explore deeply the different aspects of the central theme: *Self-knowledge and the Transformation of Consciousness*. The programme will be designed in such a way that there will be space to be quiet, to be with nature, to gather the energy necessary to observe, reflect on the theme, and share our observations. We intend to have in depth investigation and heart to heart conversations and dialogues on the questions that will be raised while listening to Krishnamurti's talks.

Venue

The lush green, serene campus of the Study Centre, situated at the confluence of the rivers Ganga and Varuna in Varanasi, is the venue for the event. Participants will be accommodated in the rooms/cottages in the study centre campus as well as in the school hostels, with enough number of common baths nearby. The setting would be simple and austere, in keeping with the spirit of the event. For more details about the place and its location please visit our website: www.rajghatbesantschool.org

ARRIVAL / DEPARTURE

Participants are expected to arrive at any time by the evening on Tuesday, 1st January, 2019. The Gathering will begin on Wednesday, 2nd January at 10:00 a.m. and conclude on Tuesday, 8th January at 04:00 p.m. Participants may depart either in the evening on this day or in the morning on 9th Jan. after breakfast. If one wishes to stay longer either before or after the gathering, on extra payment, please contact us in advance and get confirmation.

ACCOMMODATION

Delegates will be accommodated in school hostels or guest-house and cottages in the Study Centre campus. The Study Centre is located around the manor house in which Krishnamurti lived during his annual visits to Varanasi. Contributory fees for the Retreat (including stay, meals and study facilities) are as follows:

For resident participants working/living in India/ south Asia:

- Option A: INR 5000 per person in the school hostel dormitory with common baths.

- Option B: INR 6000 per person in a single room with double occupancy in the school hostel with common baths.
- Option C: INR 7000 per person in a room with double occupancy with attached bath.

For resident participants working / living outside south Asia:

- Option D: Euro 25 (or equivalent in Rupees) per person per day for a room with double occupancy with attached baths.
- Option E: Euro 35 per person per day for a room with single occupancy with attached bath.

Kindly note:

1. Rooms in the Study Centre campus have attached Western style baths and are subject to availability.
2. School hostel accommodations have common baths and Indian style toilets. For those who prefer to use toilets in Western style, stools/folding Western commodes that can fit over the Indian toilet seat will be provided. Hot water will be available in the bathrooms.
3. Bona fide students may apply for the 50% concession in the full charges.

FOOD

Wholesome vegetarian food will be provided for breakfast, lunch and dinner. Participants are kindly requested to refrain from smoking, consumption of alcoholic beverages or narcotic drugs and eating of non-vegetarian food on the campus during the gathering. Clean filtered drinking water will be available.

REGISTRATION

For registration kindly provide all your details asked in the application form given at the end of this brochure along with a non-refundable registration fee of INR 1000 (for participants from Indian subcontinent). No advance payment is needed for registration for foreign delegates. This amount will be adjusted against the total contribution fee upon arrival. If you prefer you may deposit the whole amount in advance.

Note: Gathering fee for day participants staying in the city would be Rs. 2500/- for the entire retreat and will include study material and meals.

After making such a contribution please send us your details in the application form by e-mail or letter post. The acknowledgement of your registration will be done by e-mail on receipt of the registration fee. The amount of the contribution fees can be directly deposited in the following bank-account of the Centre or sent along with the form by crossed bank draft made out to "KFI Study Centre" drawn on any bank in Varanasi.

Bank:	Union Bank of India
Account name:	KFI Study Centre
Savings Bank Account Number:	383502010009969
IFSC Code:	UBIN0538353
BIC or SWIFT code:	UBININBBVRN

TRAVEL

By Air: Varanasi is well connected with major cities of India through domestic flights. Direct flights operate from Delhi, Mumbai, Hyderabad and Bangalore to Varanasi. The airport is nearly 30 km (about 20 miles) away. Please book an air-conditioned taxi for Krishnamurti Foundation centre at Rajghat at the pre-paid booth located near the arrival gate of the terminal. The charges would be around INR 1000 (\$ 15) and they will give you a receipt for the payment and assign a taxi.

By Train: Varanasi is situated 700 kilometers southeast of New Delhi, about half-way between Delhi and Kolkata. It is well connected through trains from all over India There are two main Railway stations for coming to Rajghat Centre: Varanasi Junction (BSB), about 7 Kilometers away and Mughal Sarai Jn. (MGS), about 10 Kilometers away. Rajghat Centre is located in between these two stations along the G.T. (Grand Trunk)

Road. Auto-rickshaws are a popular mode of transportation from these stations. Ask the auto-rickshaw driver to bring you to "Vasanta College, Rajghat" which is inside the Krishnamurti Foundation campus. Most drivers know us by that name.

By road: Varanasi is located midway between Delhi and Kolkata on the Grand Trunk Road. The Krishnamurti Centre is about 200 meters from the Ganges Bridge, called Malviya Bridge, on the G.T. Road.

Participants should come to the visitor's lounge just inside the main school gate and will be guided to their accommodation.

WEATHER

The weather will be cold in Varanasi. Daytime may be sunny with an average temperature of 20°C (71 F). Temperatures in the night may drop to 5°C (41 F) because of cold waves from the Himalayan region. Sufficient covering will be available for the night. If necessary electric heaters can be provided. Please bring adequate woollen clothes for day time.

MISCELLANEOUS

1. Participants should bring walking shoes, heavy woollen clothing, torchlight, soap, mosquito cream or lotion and other items of their personal use.
2. Items of daily use can be purchased from a convenience store located on the campus.
3. The gathering will be conducted in English.
4. It is desirable that all participants live and eat together as part of the self-learning during the gathering.
5. There are no pre-conditions to attend the Gathering. Persons of any caste, creed, religion, nationality, race and culture are welcome.
6. The gathering is organized on a no-profit, no-loss basis. The contributory fees from the participants are used to cover the cost of lodging, boarding and administration.
8. Books and DVD's of J. Krishnamurti in English and Hindi will be available for sale during the gathering.
9. Please keep in mind the possible unusual delay of trains and flights due to fog while planning your arrival.
10. Those wishing to give a donation may do so in the Study Centre office, and obtain a receipt. Donations from Indian residents are exempt under the Section 80G of Income Tax.

CONTACT INFORMATION

To register for the gathering please contact:

Coordinator, Krishnamurti Study Centre, Rajghat Fort, Varanasi 221001 (U.P.) India

E-mail: studycentre@rajghatbesantschool.org | T + 91 5422441289 |

Website: www.rajghatbesantschool.org



Registration Form

International Retreat 2019

Krishnamurti Foundation India | Rajghat Fort | Varanasi| India

2 - 8 January 2019

Please provide the following information for each person:

Name	Mr./ Mrs./ Ms.
Age	
Full Postal Address	
E-mail address	
Mobile number	
Arrival date and time	
Departure date and time	
Type of Accommodation (Subject to availability)	In order of preference: Option A: Option B: Option C: Option D: Option E
Any special request regarding your stay during the Retreat	
Mode of Payment (please give details of bank draft or bank transfer)	